

## IMPORTANT REMINDER TO ALL PROCEDURE PATIENTS

### If you are having an Upper Endoscopy, Colonoscopy, and/or ERCP:

**YOU WILL BE SEDATED FOR THIS PROCEDURE AND WILL REQUIRE AN ADULT TO DRIVE YOU HOME. YOUR DRIVER WILL BE REQUIRED TO STAY AT THE FACILITY DURING YOUR ENTIRE PROCEDURE.**

**The facility at which you are scheduled has the right to delay or cancel your procedure in the event you do not have an adult with you to drive you home.**

If you are unable to keep your appointment, please call our office as soon as possible to reschedule. We do reserve the right to charge for missed appointments or appointments cancelled less than 72 hours in advance.

Your procedure is scheduled with Dr. \_\_\_\_\_

Procedure \_\_\_\_\_ Date \_\_\_\_\_ Location \_\_\_\_\_

Arrival Time \_\_\_\_\_ Procedure Time \_\_\_\_\_

If you have any questions, please call \_\_\_\_\_ at (919) 783-4888.

### If your procedure is scheduled at:

**WAKE ENDOSCOPY CENTER/RALEIGH MEDICAL GROUP**/take the elevator to the second floor, see map for directions. Address: 2601 Lake Drive Ste 201 Raleigh, NC 27607 (919) 783-4888 or 1-800-491-7236

**CLAYTON ENDOSCOPY CENTER**- see map for directions.  
Address: 900 S Lombard Street Ste 104 Clayton, NC 27520 (919) 341-3547

**WAKE FOREST ENDOSCOPY CENTER**-see map for directions  
Address: 10540 Ligon Mill Rd Suite 109 Wake Forest, NC 27587 (919) 439-3393

**REX HEALTHCARE**-please use the Main Entrance and go to Patient Registration

**WAKE MED CARY**-check in at admission/business office

**JOHNSTON AREA MEDICAL CENTER**-please use the Main Entrance and go to Patient Registration

If you have any questions, please call:

Raleigh Office: (919) 783-4888 or 1-800-491-7236

Cary Office (Dr. Gumber & Dr. Reddy): (919) 858-0892

Clayton Office (Dr. Whitt): (919) 341-3638

Dr. Hutzenbuhler: (919) 787-7226

Wake Forest Office: Dr. Sachdeva (919) 562-6589

**WAKE ENDOSCOPY CENTER  
SUPREP-PM/AM DOSE PREP (TWO DAY)  
PREPARATION FOR COLONOSCOPY**

You will need to drink a laxative solution called SUPREP to clean your colon. You must complete the entire prep to ensure the most effective cleansing.

**PRIOR TO YOUR PROCEDURE YOU WILL NEED TO PURCHASE:**

- 1-SUPREP Kit. (prescription enclosed)
- 2 Reglan tablet (Metoclopramide) optional (prescription enclosed)
- 2 Dulcolax (Bisacodyl) tablets (over the counter, no prescription required)

**\*BE SURE TO LET THE NURSE KNOW IF YOU ARE ON COUMADIN, WARFARIN, or PRADAXA AS SOON AS POSSIBLE**

**\*\*5 days prior to your procedure, stop oral iron supplements. Please avoid sesame seeds and nuts**

**\*\*\*Diabetic medication adjustments: Day before procedure, take your normal AM insulin and/or oral medications. Take ½ of pm insulin dose, NO oral diabetic medication. Day of procedure: do not take any diabetic medications until after the procedure.**

**DAY BEFORE PROCEDURE:**

Drink clear liquids only for all snacks and meals. **NO SOLID FOODS** or milk products. **Clear liquid diet:** coffee, tea, soft drinks, Jell-O, clear broth, popsicles, clear fruit juices, Gatorade, water, Snapple, powdered juices. Avoid red or purple liquids

**\*\*\*Important note: staying well hydrated during this prep is extremely important. Force fluids all day prior to and after beginning the bowel prep.**

**\* YOU MAY HAVE CLEAR LIQUIDS UNTIL MIDNIGHT THEN NOTHING UNTIL YOU TAKE THE SECOND DOSE OF THE PREP.**

1. **At 2 pm:** take the 2 Dulcolax tablets.
2. **At 5:30 pm:** take the Reglan tablet. This is optional. The prep may cause nausea and sometimes vomiting. Taking the Reglan in advance of the prep should reduce this chance.
3. **At 6 pm:** Pour ONE of the 6 ounce bottles of SUPREP liquid into the container provided. Add cool drinking water to the 16-ounce line on the container.
4. Drink **ALL** the liquid in the container.
5. You **MUST** drink two (2) more 16-ounce containers of water over the next 1 hour.

**\*Do not plan to go anywhere after you have started drinking the prep. The prep will cause diarrhea to cleanse your bowel for the procedure.**

**\*You may wish to use diaper rash cream or Vaseline to protect your rectum as the prep makes you have many bowel movements.**

**\*You may have clear liquids until midnight. Nothing to eat/drink after midnight except your AM prep.**

**DAY OF PROCEDURE: \_\_\_\_\_ STARTING AT \_\_\_\_\_ am**

1. 30 minutes before starting second dose of prep, take second Reglan tablet.
2. Repeat steps 3-5 above (complete at least 3 hours before your scheduled arrival time).

**Do not drink anything after you have completed the prep except for a very small amount (sip) of water with your morning medications. If you drink anything more than the prep or a small amount of water with your medication it will result in a delay of your procedure.**

Please take all regular scheduled morning medications with a small amount of water.

**\*\*If you use inhalers, please bring them with you\*\***

**\*\*If you use a CPAP or VPAP machine, you are required to bring it with you\*\***

